

Ammon Fire Department

Pre-Employment Physical Agility Test

Applicants shall sign a waiver of liability prior to attempting the test. All test results are the property of the City of Ammon Fire Department.

EVENT 1: High Rise Pack Carry –The test starts at the base of the tower. The hosepack cannot be touched before the start. The 1.75 inch hose bundle may be carried in any manner and must be deposited on the top floor after advancing three flights of stairs. The hose load must stay on the platform. The applicant is disqualified if the high rise pack falls off the tower. The handrails may be used in climbing the tower. Steps may be taken in multiples on the way up, but every step must be contacted and the handrail grasped when descending the drill tower. Failure to touch each step on the descent will result in disqualification.

EVENT 2: Hose Hoist-A three inch donut roll of hose and kern mantle rope is used for this event. The applicant is not allowed to stand on anything other than the top platform while hoisting. The evolution is complete when the roll clears the railing at the top of the tower and is placed on the base deck of the top floor. Disqualification results with any loss of control of the rope or donut roll, including falling off the tower, or rolling down the stairs. A fallen donut roll may not be retrieved.

EVENT 3: Forcible Entry-The forcible entry evolution utilizes the Keiser Force Machine™ (a chopping simulator). Using the eight pound mallet provided, the applicant must drive the 160 pound steel beam a horizontal distance of five feet. Pushing, raking or hooking the beam is not allowed; it must be struck only by the head of the mallet. The handle must not come in contact with the base at any time. The hammer must be placed in the designated area when completed.

EVENT4: Hose Advance – Traveling 140-ft through course delineators, the applicant must pick up the nozzle end of the 1.75 inch charged hose line and drag it a distance of 75 feet then the applicant shall open the nozzle, hit the target with the water stream, shut down the nozzle and place the nozzle on the pavement. If the nozzle is not shut before it is placed down, the applicant must go back and close it. If course staff is required to shut off the nozzle 10-second penalty shall be assessed. If the nozzle opens after hitting the ground, there is no penalty and the applicant can continue to the victim rescue.

EVENT 5: Victim Rescue – A 175 pound rescue mannequin must be dragged backwards a distance of 100 feet. Carrying the dummy is not permitted. The mannequin must not be grasped by its clothing or appendages, no rescue ropes or straps are permitted. Time stops when the applicant and the victim completely cross the finish line.

Each applicant shall complete the test in seven minutes or less to attain a passing score.